



# Pre-Procedure Form

Our client's health is our main priority. The following all require medical clearance on your doctors Letterhead or prescription pad prior to your procedure. Please check which applies to you:

**\*If you are pregnant or nursing, permanent makeup procedures cannot be done.**

- Pregnant or nursing
- Heart Valve Replacement
- Pacemaker
- Joint replacement
  - (Per your doctors' recommendation)
- Titanium Rods
- Organ transplant
- Stents
- Screws
- Accutane
- History of fever blisters
- Long term steroids
- Insulin dependent diabetic
- Seizures
- Lupus
- Blood thinners
  - (Prescribed by your doctor, not Aspirin)
- Full round of Chemotherapy
- Shingles or Bell's Palsy within 1 year
- Do you have any active rashes, breakouts, or inflammation?
- Do you have any upcoming surgeries scheduled?
- Are you currently under a doctor's care for a condition?  
Explain: \_\_\_\_\_
- Do you require pre-medication for dental procedures?

## Required Waiting Periods:

***\*Do not use any facial products or cleansers with Retinol or Glycolic Acid 1-2 weeks before & after your procedure\****

### EYEBROW

- **Botox or Disport** – 1 Day since you cannot lie flat for at least 5 hours
- **Topical Acne Cream** – Benzoyl Peroxide, Clindamycin, Proactiv – 1 week
- **Chemical Peels** that include retinols, glycolic acid (A.H.A) and Vitamin C – 4-6 weeks
- Laser Resurfacing 8-weeks
- IPL (intense pulsed light) – 1-2 weeks
- **Suntanned skin** – 3-4 weeks for your face and 2-3 months for scar camouflage

### EYELINER

- **Eyelash extensions** must be removed 1-2 days prior to procedure
- **Contact lenses** must be removed prior to procedure, bring glasses
- **Latisse or any eyelash enhancement** (including mascaras)- minimum of 2 weeks off (causes excessive bleeding, bruising, and color may not be retained)
- **Stye or Chalazion** – wait 2 wks. from time of healing
- **Lasik - Cataract Surgery** – must wait 3-months to heal or 1 month prior to eye surgery
- **Eye Diseases (i.e. Glaucoma or Graves' Disease: Hyper Thyroid)** – require medical clearance
- **Blepharitis: CONTAGIOUS** – requires medical clearance
- **Upneeq** or an eye-opening lift– requires medical clearance

### LIP

- For best results, **5 days prior** to procedure, use **Vaseline or Lip Balm DAILY** to moisturize your lips.
- **Use a lip scrub.** You can purchase one or make using a combination of honey and sugar.
- **Fever blisters:** If you have **EVER** had 1 in your lifetime, you will require an antiviral (**Valacyclovir**) prescription from your family doctor to start as prescribed. Request enough medication for your touch-up visit as well. Start prescription 2 days before procedure & use for 6 days total.
- **Fillers** (i.e., Juvéderm, Silk, Voluma, Sculptra, etc.) 1-week minimum waiting period
- **Fat transfer in lips** –1-month waiting period for swelling to subside

**ACCEPTANCE:** Please read thoroughly before signing.

I confirm that I have reviewed the information and have completed to the best of my knowledge.

**Client Name (Print):** \_\_\_\_\_

**Signature of Client X** \_\_\_\_\_

**Date:** \_\_\_\_\_